

April 2024 Programs & Activities

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
1	2	3	4	5
10:00 Bone Builders	7:40 Bus to Duluth 10:30 DMV 10:30 Tai Chi w/Bruce 10:30 Crafts 12:30 Texas Hold Em 1:00 Tech Support 3:00 Fiber Guild .	10:30 Chair Yoga w/ Nancy 12:30 Bridge	9:15 Blood Pressure & Blood Sugar Screenings 11:00 Men's Coffee Group 10:30 Crafts 2:00 Fiber Guild - Paper Group	9:30 Free Arrowhead Bus 10:00 Bone Builders 12:30 Drop In Board games & puzzles 12:30 Cards - 500 1:00 Tech Support
8	9	10	11	12
10:00 Bone Builders 1:00 Fiber Guild (Play Day) 1:30 Council on Aging Board Mtg	7:40 Bus to Duluth 10:30 DMV 10:30 Tai Chi w/Bruce 10:30 Crafts 12:30 Texas Hold Em 1:00 Tech Support 3:00 Fiber Guild .	10:30 Chair Yoga w/ Nancy 12:30 Bridge	10:30 Crafts 11:00 Men's Coffee Group 2:00 Fiber Guild -Paper Group	9:30 Free Arrowhead Bus 10:00 Bone Builders 12:30 Drop In Board games & puzzles 12:30 Cards - 500 1:00 Tech Support
15	16	17	18	19
10:00 Bone Builders 1:00 Fiber Guild Paper Group	7:40 Bus to Duluth 8:30 Footcare Clinic 10:30 Tai Chi w/Bruce 10:30 Crafts 11:00 Paperwork Support Services w/Donna Lunke 12:30 Texas Hold Em 1:00 Tech Support 3:00 Fiber Guild	10:30 Chair Yoga w/ Nancy 12:30 Bridge 1:00 Quilting Group 1:30 Memoir Writing	10:00 Cribbage 1:00 Men's Coffee Group 10:30 Crafts 1:00 Care Partners Memory Café"	9:30 Free Arrowhead Bus 10:00 Bone Builders 12:30 Cards 500 12:30 Drop In Board games & puzzles 1:00 Tech Support
22	23	24	25	26
10:00 Bone Builders 3:00 Fiber Guild Paper Group	7:40 Bus to Duluth 10:30 DMV 10:30 Tai Chi w/Bruce 10:30 Crafts 12:30 Texas Hold Em' 1:00 Tech Support	10:30 Chair Yoga w/ Nancy 12:30 Bridge 1:30 Food Distribution Community Center 2:00 Knitting Group	10:00 Cribbage 11:00 Men's Coffee Group 10:30 Crafts 12:00 Fiber Guild 6:30 Death Café'	9:30 Free Arrowhead Bus 10:00 Bone Builders 12:30 Drop In Board games & puzzles 12:30 Cards 500 1:00 Tech Support
29	30			
10:00 Bone Builders	7:40 Bus to Duluth 10:30 Tai Chi w/Bruce 10:30 Crafts 12:30 Texas Hold Em' 1:00 Tech Support			